

Feeding Young Minds Diet and Behaviour - Influencing the Next Generation

(as advertised on the Health Promoting Schools website)

93.281 A One-day Conference on Wednesday, 5 March 2008
at The Carlton Hotel, North Bridge, Edinburgh EH1 1SD 21789

How can we explain children's worsening behaviour and the explosion in numbers of special needs pupils? Do fast-food diets and high-speed lifestyles conflict with our genetic make-up? What legacy are we leaving the next generation and who's influencing it?

Hear from leading experts the latest evidence on links between diet, brains and behaviour – and the implications for policy and practice

Registration 9am-9.30am / Conference 9.30am-4.30pm / Lunch and refreshments included

- **Dr Alex Richardson** (Director FAB Research; Visiting Research Scientist at Universities of Oxford and Bristol; Author of 'They Are What You Feed Them') **'Food and Behaviour: An Overview'. 'Omega-3: what's the real evidence?'**
- **Dr Paul Clayton** (Chair of Forum on Food & Health; Author of 'Health Defence') **'Dietary changes and their implications – past, present and future'**
- **Professor John Stein** (Professor of Neurophysiology, University of Oxford; Chair of Dyslexia Research Trust) **'Nutrition, Brains and Behaviour: from attention to action'**
- **Sue Palmer** (Former Head Teacher; Presenter & Author of 'Toxic Childhood' and 'Detoxing Childhood') **'Dealing with the marketing maelstrom and other toxic influences'**
- **David Rex** (Child Health Dietitian NHS Highland & Healthy Eating in Schools Co-ordinator) **'Dietary strategies for special needs, and the whole-school approach'**
- **Scheduled time for questions and discussion with all speakers**

Who should attend:

Education Professionals | Health Professionals | Local Authority Staff | Policy Makers | Caterers
Criminal Justice System | Voluntary Organisations | Parents | Carers | Media

BOOKING DEADLINE - FRIDAY 29 FEBRUARY

Organisations and Professionals - £180

Voluntary Organisations and Concessions - £112

FAB Associate Members (Existing members only) - £80

Further information go to www.fabresearch.org | Group Booking Rates of 5 or more Tel 01463 258837

3 easy ways to register:

Online: www.fabresearch.org – 'Events' page (if paying by debit/credit card)

By phone: 01463 258837

By email: admin@fabresearch.org (please include postal address and tel no)

Organised by:



Food and Behaviour Research is a Scottish based charity SC034604
A registered provider of CPD with Learning and Teaching Scotland
Fairways House, Fairways Business Park, Inverness IV2 6AA
Tel: 01463 258837

Booking Form
(one form per delegate please)

Feeding Young Minds
Diet and Behaviour – Influencing The Next Generation

Wednesday, 5 March 2008
at The Carlton Hotel, North Bridge, Edinburgh EH1 1SD

Delegate Name:	
Position/Job Title:	
Name of Organisation:	
Address 1:	
Address 2:	
Address 3:	
Town/City:	
County:	
Postcode:	
Contact Telephone Number:	
Contact Email Address:	
Dietary/Access Requirements:	

TYPE	Rate Applicable	Please tick
Organisations and Professionals:	Full Rate £180	
Voluntary Organisations and Concessions:	Full Rate £112	
FAB Associate Members:	Existing Members Only £80	

Please complete and post with your remittance to FAB Research, Fairways House, Fairways Business Park, Inverness IV2 6AA. Cheques should be made payable to Food and Behaviour Research. If you require an invoice to be sent to your organisation/school please complete this form and email to admin@fabresearch.org with details of where invoice should be sent or telephone 01463 258837.

Cancellation Policy. Cancellations confirmed in writing 7 days prior to the event will be refunded minus an administration charge of 15%. We regret that no refund can be made after that date, for whatever reason, although substitutions will be accepted if notified in writing before the event. Bookings made less than 7 days prior to the event are non-refundable.

Data Protection. The personal information provided by you will be held on a database by Food and Behaviour Research and used to manage your registration for and attendance at the conference. Unless you advise to the contrary in writing and in advance to the FAB Research, your name and affiliation may be made available in a list of delegates to both attendees and sponsors of the conference. The personal data in the database will be retained by FAB Research, unless requested in writing, and may be used in future to inform you about other appropriate services and events that may be organised by or in conjunction with FAB Research.